



ACADEMIC EXAMS
AT THE FACULTY OF MEDICINE OF THE UNIVERSITY OF LISBON
INSTITUTE OF ADVANCED TRAINING

Masters:

Human Sexuality (1st Edition)

Name of Student:

Filipe Nuno Custódio Simão Pires Belo

Subject of Thesis:

Sexuality in Women with Diabetes Mellitus Type I

Date of Defence:

01/06/2009

Mark:

18 on 20

Jury:

President: Professor Rui Xavier Vieira (FMUL)

Orientator: Professor Sílvia Ouakinin (FMUL)

Co- Orientator: Professor Catarina Soares (ISCSSul)

Jury Members: Professor Jorge Cardoso (ISSEM)

ISCSSUL- Southern Higher Institute of Health Sciences

ISSEM- Egas Moniz Higher Health Insitute



ACADEMIC EXAMS
AT THE FACULTY OF MEDICINE OF THE UNIVERSITY OF LISBON
INSTITUTE OF ADVANCED TRAINING

SUMMARY

The aims of this study are: to assess the sexual functioning of women with diabetes mellitus type 1 and verify possible correlations between psychological adaptation in diabetes and dysfunctional sexual beliefs. A total of 137 women with an average age of 30 years were grouped in the following way: a group of diabetic women without complications (n=70), a group of diabetic women with complications (n=16), and a control group (n=51). No significant statistical differences were found in the sexual functioning between the diabetic women and the control group. However, the tendency of the results suggests some important evidence pointing to an association between sexual functioning and psychological adaptation to diabetes and between sexual functioning and sexual functioning. Keywords: sexual functioning; women; diabetes mellitus type 1; psychological adaptation; sexual functioning