

October 14

Depression: the hidden risk of Physical Illness

Location – Aula Magna, Faculty of Medicine of Lisbon

Lisbon – Department of Psychiatry, University of Lisbon, Santa Maria Hospital with the support of “Portuguese Association of Biological Psychiatry

Symposium

Depression and physical Illness

Chair: Maria Luisa Figueira

Co-Chair – Luis Câmara Pestana (President of the Portuguese Association of Biological Psychiatry)

9.00 Opening

9.20 “The body also suffers” – Luís Ferreira

9.40 “Depression and somatic co-morbidity” – Nazaré Santos, João Miguel Pereira

10.00 “Community and suicide” – Daniel Sampaio

10.40 “Are the antidepressant excessively used?” – Luís Câmara Pestana

11.20 “Depressive states and physical rehabilitation - Luís Gamito

11.40 Discussion and closing remarks

Target – General practitioners and Hospital staff

October 17

Juvenile Depression – awareness and stigma

VII Symposium on Affective disorders – Future Perspectives in Depression, Group of Study on Affective Disorders – Department of Psychiatry and Mental Health, Hospital S. Marcos, Braga. University of Minho, Braga

Organized by Filipa Palha and Bessa Peixoto

Debate between a public figure that suffered from depression and a medical doctor (psychiatrist)

Target – young audience

Distribution of the lyrics and information on clinical symptoms of Juvenile depression and a CD with a song from the band BossaAC created for the anti stigma campaign

(Organized with the support of the Association “Encontrar-se”)

October 17

University of Coimbra

Press Conference with the President of the Portuguese Society of Psychiatry and Mental Health – Prof. Adriano Vaz Serra with the cooperation of João Relvas and Carlos Ramalheira

Target – community